



# NIHON KARATEDO SHUBUKAI SHITORYU INDIA

Member of

Japan Karatedo Federation Nihon Karatedo Shubukai Shitoryu - Japan

Approved by : Karate Association of India (KAI), KAI approved by WKF

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## SYLLABUS OF TRAINING

| Kyu - Dan           | Color of Belt | Kata for training<br>(addition) | Experience<br>(from start) | Kata for examination<br>to pass |
|---------------------|---------------|---------------------------------|----------------------------|---------------------------------|
| 9 <sup>th</sup> Kyu | <b>Yellow</b> | Heian Nidan                     | 4 Months                   | Heian 2(Ni) Dan                 |
| 8 <sup>th</sup> Kyu | <b>Yellow</b> | Heian 1(Sho)Dan                 | 4 Months                   | Heian 2(Ni) Dan                 |
| 7 <sup>th</sup> Kyu | <b>Blue</b>   | Heian 1(Sho)Dan                 | 6 Months                   | Heian 1(Sho) Dan                |
| 6 <sup>th</sup> Kyu | <b>Red</b>    | Heian 3 Dan                     | 6 Months                   | Heian 1(Sho) Dan                |
| 5 <sup>th</sup> Kyu | <b>Green</b>  | Heian 4 - 5 Dan                 | 6 Months                   | Heian 3(San) Dan                |
| 4 <sup>th</sup> Kyu | <b>Green</b>  | Heian 4 - 5 Dan                 | 6 Months                   | Heian 3(San) Dan                |
| 3 <sup>rd</sup> Kyu | <b>Brown</b>  | Bassaidai                       | 6 Months                   | Heian 4(Yon) Dan                |
| 2 <sup>nd</sup> Kyu | <b>Brown</b>  | Seienchin                       | 6 Months                   | Heian 5(Go) Dan                 |
| 1 <sup>st</sup> Kyu | <b>Brown</b>  | Matsumura - Rohai               | 6 Months                   | Bassaidai, Seienchin            |
| Sho(1) Dan          | <b>Black</b>  | Nipaipo - Niseishi              | 1 Yrs.                     | Bassaidai, Seienchin            |